

"Revitalize Your Spirit" Yoga Adventure Retreat

COSTA RICA

8Days/7Nights



Starting at US\$2,695.00

Per person/Double occupancy

Are you ready to nourish your spirit and revitalize your life? Then join us for a Wellness vacation in stunning **Costa Rica**.

During your **8D/7N** yoga adventure retreat you will experience the powerful healing fusion of yoga and other spiritual practices, active excursions in the natural beauty of one of the most biologically diverse places on the planet, an eco-friendly rainforest resort set on the Pacific ocean and reachable only by boat, inspired farm to table cuisine, and time for both solo relaxation and reflection, as well as group connection.

What's included:

- Private land transfers within Costa Rica*
- 2 Night accommodations in San Jose.
 - 16 meals
- 5 Night accommodation in a Rainforest Lodge
 - Two Daily Yoga Classes
 - 3 Guided Adventure Activities.
- Unlimited Self-Guided Hiking on Lodge Preserve Trails & Sustainability Tour
 - Unlimited Use of Kayaks, Snorkeling and Fishing equipment.
 - Boat Pick up & drop off from Town on arrival
 - Local flight SJO/PJM/SJO (Price subject to change anytime)
 - Transfer Hotel to Juan Santamaria International Airport



For more information call or email André
at

651.771.5666

info@timetravelsinc.com